

EXHIBIT A

Specialized Crisis Intervention Team 40-Hour Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday			
800	Introduction and Opening Remarks	Mental Health Law	Community Support Worker: Frontline Services, Jewish Family Services, Murtis Taylor Human Services, Recovery Resources, Signature Health, The Centers, Visiting Nurses	Site Visits Life Exchange Center, Signature Health, Magnolia Clubhouse	Role of the CIT Officer	800		
815	Adults with Mental Illness						815	
830							830	
845							845	
900					Alcohol, Drug Addiction and Dual Diagnosis	Principles of Communication and De-escalation	900	
915								915
930							930	
945							945	
1000							Break	1000
1015	Loss Model: Loss of Reality Senario	Break	Scenario 1 ER	1015				
1030		Loss of Perspective Scenario		1030				
1045	Break	Active Listening Skills	Lunch	Lunch	Scenario 2 Traffic Stop	1045		
1100	Homeless Services				Scenario 3 Elderly Man	1100		
1115							1115	
1130							1130	
1145						Lunch	1145	
1200	Hearing Voices Exercise and Lunch	Psychiatric ER Tour and Lunch	Seasons of Hope: Consumer Drop In Center	Debriefing of Site Visits			1200	
1215							1215	
1230							1230	
1245							1245	
1300	Veterans Issues and Services	Emergency Services Panel	LGBT 101	Youth and Adolescents Mental Health Issues	Scenario 4 Autism	1300		
1315						1315		
1330					Scenario 5 Veteran	1330		
1345							1345	
1400	The Experience of PTSD Veterans Perspective	Question, Persuade and Refer (QPR) Suicide Intervention	Loss of Hope Scenario	Loss of Control	Scenario 6 Family Conflict	1400		
1415								1415
1430				Break	Break	Scenario 7 CSU	1430	
1445								1445
1500	Break	Break	Understanding Developmental Disabilities	Crisis Intervention for Elderly Adults	Scenario 8 Mental Health Agency	1500		
1515	Loss of Perspective	Loss of Hope Scenario						1515
1530								
1545	NAMI: Working w/ Families & Peers	Trauma Informed Care						Wrap Up, Evaluation and Graduation
1600			Loss of Control Scenario	Loss of Reality Scenario	1600			
1615							1615	
1630								
1645	Wrap Up and Evaluations	Wrap Up and Evaluations	Wrap Up and Evaluations	Wrap Up and Evaluations		1645		



CIT Daily Schedule:

Monday Agenda

0800 - 0815	Introduction and Opening Remarks – Cleveland Division of Police
0815 -1015	Adults with Mental Illness-University Hospitals
1015 -1045	Loss Model: Loss of Reality Role Play- ADAMHS Board and Cleveland Division of Police
1045 -1100	Break
1100 -1200	Homeless Services Panel: Frontline Services and Lutheran Metropolitan Ministry
1200 -1315	Hearing Voices Exercise-ADAMHS Board and Boxed Lunch
1300 -1400	Veteran's Services-Louis Stokes Cleveland Veterans Administration Medical Center
1400 -1500	The Experience with PTSD from a Consumer's Perspective
1500 -1515	Break
1515 -1545	Loss Model: Loss of Perspective Role Play- ADAMHS Board and Cleveland Division of Police
1545 -1645	NAMI Greater Cleveland: Working with Families
1645 -1700	Wrap Up and Evaluations



CIT Daily Schedule:

Tuesday Agenda

0800 - 0900	Mental Health Law – Cuyahoga County Probate Court
0900 - 1000	Alcohol, Drug Addiction and Dual Disorders: Community Assessment and Treatment Services
1015 -1030	Break
1030 -1100	Loss Model: Loss of Perspective Role Play-ADAMHS Board and Cleveland Division of Police
1100 -1200	Active Listening Skills-ADAMHS Board
1200 -1300	Lunch and Psychiatric Emergency Room Tour
1300 -1400	Emergency Services Panel-St. Vincent Charity Hospital and Frontline Services
1400 -1500	Question, Persuade and Refer (QPR) ADAMHS Board
1500 - 1515	Break
1515 -1545	Loss Model: Loss of Hope Role Play-ADAMHS Board and Cleveland Division of Police
1545 -1645	Trauma Informed Care-Frontline Services
1645-1700	Wrap Up and Evaluation



CIT Daily Schedule:

Wednesday Agenda

0830 -1130	<u>Community Support Psychiatric Worker Ride Along</u> Visiting Nurses Association The Centers Jewish Family Services Association Recovery Resources Signature Health FrontLine Services Murtis Taylor Human Services Center
1130 -1230	Lunch on Your Own
1230 -1300	Seasons of Hope: Consumer Drop In Center - Catholic Charities
1300 -1415	LGBT 101-LGBT Community Center
1415 -1445	Loss Model: Loss of Hope Role Play ADAMHS Board and Cleveland Division of Police
1445 -1500	Break
1500 -1615	Understanding Developmental Disabilities: An Overview for Police Officers-Board of Developmental Disabilities
1615 -1645	Loss Model: Loss of Control Role Play- ADAMHS Board and Cleveland Division of Police
1645 -1700	Wrap Up and Evaluatio



CIT Daily Schedule:

Thursday Agenda

0900 -1130	Site Visits at Consumer Operated Facilities Life Exchange Center Signature Health-Northridge Commons Magnolia Clubhouse
1130-1230	Lunch on your own
1230 -1300	De briefing of Consumer Operated Facilities
1300 -1415	Youth and Adolescents Mental Health Issues– Bellefaire JCB
1415 -1445	Loss Model: Loss of Control Role Play ADAMHS Board and Cleveland Division of Police
1445 -1500	Break
1500 -1615	Crisis Intervention for Elderly Adults-The Benjamin Rose Institute on Aging
1615 -1645	Loss Model: Loss of Perspective Role Play- ADAMHS Board and Cleveland Division of Police
1645 -1700	Wrap Up and Evaluation



CIT Daily Schedule

Friday Agenda

0800 – 0900	Role of the CIT Office-Cleveland Division of Police
0900 – 1000	Principles of Communication and De-Escalation - Lakeland Community College
1000 – 1015	Break
1015 – 1045	Scenario 1-Role Play: Call regarding Transport to Emergency Room
1045 – 1115	Scenario 2-Role Play: Call regarding Traffic Stop
1115 – 1145	Scenario 3-Role Play: Call regarding Elderly Man
1145 – 1300	Boxed Lunch
1300 – 1330	Scenario 4-Role Play: Call regarding Autistic Man
1330 – 1400	Scenario 5-Role Play: Call regarding Veteran
1400 – 1430	Scenario 6-Role Play: Call regarding Family Conflict
1430 – 1500	Scenario 7-Role Play: Call from the Crisis Stabilization Unit
1500 – 1600	Scenario 8-Role Play: Call from Mental Health Agency
1600 – 1700	Wrap Up, Evaluations and Graduation